

JOIN US FOR OUR 2ND ANNUAL



5K RUN/WALK EVENT

SATURDAY, OCTOBER 14, 2017

RACE BEGINS AT 8:00 AM

DOOR PRIZES & DRAWINGS AFTER AWARDS
MUST BE PRESENT TO WIN!

LOCATION

OLD TRACE PARK
RIDGELAND, MS 39157

RACE DAY SCHEDULE OF EVENTS

6:45 – 7:55 A.M.	REGISTRATION
8:00	RUN/WALK
9:00 A.M.	KID'S FUN RUN
10:00 A.M. APPROX.	5K AWARDS
11:30-12:30	LATIN ZUMBA CLASS
8:00 – 2 P.M.	LIVE MUSIC

VOLUNTEER REGISTRATION FORM



P.O. BOX 320595, FLOWOOD, MS 39232

VOLUNTEER FORMS MAY BE MAILED TO:
MHA ATTN: KARLA VELEZ

VOLUNTEER ASSIGNMENTS BEFORE RACE DAY

- PACKET ASSEMBLY (DATE & TIME, TBA)
- PLEASE ARRIVE AT 7:00 AM ON RACE DAY

RACE DAY

- SET-UP (ARRIVE BY 6:30 AM FOR PRE-RACE INSTRUCTIONS)
- COURSE – TRAFFIC CHECK POINTS (ARRIVE BY 7:00 AM FOR PRE-RACE INSTRUCTIONS)
- COURSE – WATER CHECK POINTS (ARRIVE BY 7:00 AM FOR PRE-RACE INSTRUCTIONS)
- REGISTRATION & PACKET PICK-UP (ARRIVE BY 6:30 AM FOR INSTRUCTIONS)
- KID'S FUN AREA SET-UP (ARRIVE BY 6:30 AM)
- KID'S FUN AREA (ARRIVE BY 6:30 AM)
- TENT/STATION (ARRIVE BY 6:30 AM)
- VOLUNTEER WHERE NEEDED (ARRIVE BY 6:30 AM FOR PRE-RACE INSTRUCTIONS)

VOLUNTEER T-SHIRT PICK-UP

OCTOBER 13TH	2 - 6 P.M.	FLEET FEET
OCTOBER 14TH	6:30 - 7:55 A.M.	OLD TRACE PARK

VOLUNTEER CREDIT

NEED VOLUNTEER CREDIT TO BE ISSUED

COMPLIMENTARY T-SHIRT

VOLUNTEER BY OCTOBER 1ST TO GUARANTEE SHIRT SIZE:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
S	M	L	XL	XXL

FIRST AND LAST NAME

AGE GENDER EMAIL PHONE

MAILING ADDRESS CITY STATE ZIP

WAIVER BY REGISTERING FOR THE "RUN TO THE LATIN BEAT" 2016, I AM GIVING THE MS HISPANIC ASSOCIATION PERMISSION TO PUBLICIZE ANY EVENT PHOTOS CONTAINING MY IMAGE.

I (THE "PARTICIPANT") HEREBY ACKNOWLEDGE THAT HE/SHE HAS VOLUNTARILY AGREED TO PARTICIPATE IN THE "RUN TO THE LATIN BEAT" RACE. THE PARTICIPANT HEREBY FOREVER RELEASES, ACQUITS, DISCHARGES AND AGREES TO INDEMNIFY AND HOLD HARMLESS THE MISSISSIPPI HISPANIC ASSOCIATION, FLEET FEET, CITY OF RIDGELAND, MS TRACK CLUB AND ALL EVENT SPONSORS AND VOLUNTEERS, AS WELL AS ANY OFFICERS, DIRECTORS, AGENTS, EMPLOYEES, SUCCESSORS OR ASSIGNEES OF THE AFOREMENTIONED PARTIES, IN ADDITION TO ALL OTHER PERSONS WHO ARE EITHER DIRECTLY OR INDIRECTLY INVOLVED WITH THE RACE (COLLECTIVELY THE "RELEASED PARTIES"), FROM ANY AND ALL LIABILITIES, CLAIMS, DAMAGES AND DEMANDS AND ALL OTHER LIABILITIES OR WHATEVER KIND OF NATURE ARISING FROM OR RELATED TO THE RACE, INCLUDING BUT NOT LIMITED TO, ANY AND ALL LIABILITIES, CLAIMS DAMAGES AND DEMANDS ARISING FROM ANY PERSONAL INJURIES, LOSS OR DEATH OCCURRING AS A RESULT OF THE RACE. THE PARTICIPANT FURTHER AGREES THAT HE/SHE WILL NEVER INSTITUTE ANY ACTION OR SUIT, AT LAW, IN EQUITY OR OTHERWISE, AGAINST ANY OF THE RELEASED PARTIES, AND WILL NOT AID IN THE INSTITUTION OR PROSECUTION OF ANY SUCH ACTION OR SUIT AGAINST THE RELEASED PARTIES WHICH IN ANY WAY INVOLVES OR RELATES TO THE RACE. THE PARTICIPANT FURTHER STATES THAT HE/SHE IS IN PROPER MEDICAL CONDITION TO PARTICIPATE AND COMPLETE IN THE RACE AND IS NOT PARTICIPATING AGAINST DOCTOR'S ADVICE, NOR IS HE/SHE TAKING MEDICATIONS WHICH WOULD DETER HIS/HER HEALTH IN THE PARTICIPATION OF THE RACE. IF ANY ACT OF GOD FORCES THE CANCELLATION OF THE RACE, THE PARTICIPANT UNDERSTANDS THAT ENTRY FEES ARE NON-REFUNDABLE. THIS RELEASE SHALL BE BINDING UPON THE EXECUTORS, ADMINISTRATORS, PERSONAL REPRESENTATIVES, HEIRS, SUCCESSORS AND ASSIGNEES OF THE UNDERSIGNED.

X

SIGNATURE (IF UNDER 18, PARENT OR GUARDIAN MUST SIGN)

DATE